

FOODSERVICE



SUSTAINABLY CAUGHT
WILD SEAFOOD

Quinoa Mac & Tuna

Wild Planet Wild Albacore Tuna is sautéed with quinoa elbow macaroni, creamy Boursin garlic with fresh herbs and garden vegetables – peppers, broccoli florets and scallions – all prepared fresh to order.

Servings: 20 -2 Cup Portions

Ingredients:

- 1 64oz cans Wild Planet Wild Albacore Tuna no liquids added
Do not drain - If using Wild Planet pouch-packed or water-packed tuna, see recipe notes below.
- 5 Cups Mushrooms Baby Bella, Fresh
- 10 Cups Broccoli Florets, Fresh
- 1 1/4 Cups Red peppers
Roasted, sliced
- 20 Cups Quinoa elbow pasta
Small, Cooked
- 3 3/4 Cups Cheese Boursin
- 10 Cups water Tap
- 1 1/4 Cups Scallions Fresh, Green/White Parts



Instructions:

1. Open can of Wild Planet Wild Albacore Tuna. Do not drain. Place the tuna with all of the natural liquid from the can into a mixing bowl. Gently flake the tuna into small/medium size pieces, then lightly toss with the natural liquid to evenly blend. Place in a covered container. Label, date and reserve refrigerated at 35-38°F. Will hold for up to 5 days under proper refrigeration.
2. For 1 order: Heat 1 Tbsp olive oil in a nonstick sauté pan over medium-high heat. Add ¼ C mushrooms and sauté for 1 minute. Add ½ C broccoli, 1 Tbsp roasted red pepper, 1 C cooked pasta, 3 Tbsp Boursin and ½ C water. Continuously toss to combine and sauté for 30 seconds to heat and make a creamy sauce. Add ½ C Wild Planet Wild Albacore Tuna and 1 Tbsp scallions. Toss to heat and evenly combine. All ingredients should be lightly coated in the creamy Boursin sauce.
3. Serve immediately.
4. Repeat for remaining orders, as needed.

Recipe Notes:

If using Wild Planet 32 oz. pouch-packed tuna, halve the recipe.

If using our 66.5 oz. can of tuna packed in water, substitute 1 1/3 cans for every 1 can called out in the recipe. Be sure to drain water first.

Tasteful Tips:

- The Quiona Tuna Mac is positioned as a lighter, yet satisfying mac n' cheese offering - balanced, nutrient-dense ingredients accented with a touch of natural, artisan cheese sauce.
- Using quinoa pasta adds more protein and craveable wellness.
- Preparing to order delivers flexibility and freshness cues vs. made ahead.
- Feature fresh, local & seasonal vegetables.
- Delivers a gluten-free offering.
- Substitute Wild Planet Wild Alaska Pink Salmon.
- Use Wild Planet Wild Albacore Tuna throughout your menu applications for on-trend flavor, clean protein, health/wellness and diversity.